

Northampton Parks & Recreation 2016 Tennis Programs



Tennis is an individual or team sport and we offer something for everyone of all ages and abilities. We are committed to offering a variety of tennis programs to get you active and improve your game.



learn to play tennis ... fast!
TENNISWELCOMECENTER.COM

Northampton Parks & Recreation is an official Tennis Welcome Center member. We join more than 3,000 facilities across the country that offer opportunities to participate in affordable, introductory tennis programs. Find out more about this program at www.TennisWelcomeCenter.com

The City of Northampton supervises the six tennis courts at the Aquatic and Family Center at JFK Middle School. The courts are monitored by Parks & Recreation Personnel and are open mid April through mid October.

Northampton Parks & Recreation is a proud & award winning member of the United States Tennis Association

Northampton Parks & Recreation - Adult Programs & Leagues

Adult Singles League

Monday, May 23 - Monday, August 19, 2016

League Fees: \$22, \$32 non-residents

Registration Deadline: May 16

On-Line Registration: Players sign up by logging on to www.northampton.tencaptennis.com. New players will first need to click on "JOIN THE COMMUNITY" which is free. There is a brief waiting period but you'll receive an email that you've successfully joined the Community and you'll be able to register for our league.

Please contact Mike Kolendo directly at 413-374-9738 with any issues.

League Jamboree:

For all new league participants. This allows us to see new players play and helps us properly place them-by-ability in the league. New players should be prepared to play for an hour.

Location: JFK Middle School

Jamboree Date: Sunday, May 15 11:00am-12:30pm (Raindate: Sunday, May 22, 11:00am-12:30pm)

Adult Group Lessons Class Descriptions

Tennis 1-2-3

Introductory class that teaches the basic strokes, movement and strategy needed to begin to play the game. See *Welcome Center description*. **Sessions 2, 3 and 4 only.**

Round Robin Doubles

1.5 hours of pro supervised round robin play. Doubles is emphasized but some singles may be played. Players must be able to serve consistently and sustain a rally.

Intermediate Tennis Drills

Fast paced workout with lots of drills & games. Play situations, movement & patterns of play are incorporated. Players should be able to hit cooperatively with others and sustain a rally with both ground strokes and volleys.

Schedule

Dates:	Session 1	May 9 - June 2 (no class Memorial Day, 5/30)
	Session 2	June 6 - June 30
	Session 3	July 5 - July 28 (no class 7/4)
	Session 4	August 1 – August 25
	Session 5	Aug. 29 – Sept. 22 (no class Labor Day 9/5)

Classes missed due to weather and holidays will be made up on the first available Friday.

Days: Monday & Wednesday

Session 1	6:30 - 8:00pm	Round Robin Doubles
Sessions 2 - 4	5:30 - 6:30pm	Tennis 1-2-3
	6:30 - 8:00pm	Round Robin Doubles
Session 5	5:30 - 7:00pm	Round Robin Doubles

Days: Tuesday & Thursday

Session 1	6:00 - 7:30pm	Intermediate Tennis Drills
Sessions 2 - 4	5:30 - 7:00pm	Intermediate Tennis Drills
Session 5	5:00 - 6:30pm	Intermediate Tennis Drills

Location: JFK Middle School

Fee*: \$60, non-residents add \$10

*May Drop in to the Round Robin & Drills classes for a \$10/class, \$12/class non-resident fee.



Northampton Parks & Recreation - Youth Programs



Quickstart 1 Tennis

For: Ages 5 - 7

Session 1 May 7 - June 11 Sat., 9:00-10:00am

Session 2 Sept. 10 - Oct. 1 Sat., 9:00-10:00am

Location: JFK Middle School

Fee: Session 1 \$75, non-residents add \$10

Session 2 \$50, non-residents add \$10

Quickstart 2 Tennis

For: Ages 8 - 10

Session 1 May 7 - June 11 Sat., 10:00-11:00am

Session 2 Sept. 10 - Oct. 1 Sat., 10:00-11:00am

Location: JFK Middle School

Fee: Session 1 \$75, non-residents add \$10

Session 2 \$50, non-residents add \$10

Quickstart Tennis uses the 10-and-under play format for learning the game of tennis.

Like other sports, playing fields and equipment are modified to reflect the age and skill development of the player. We'll use smaller courts and low compression or foam balls to get kids to actually **play** tennis ASAP. Visit www.10andundertennis.com for a look at this format of play.

Make ups for Saturday classes due to weather and holidays will be held on the Saturday at the end of the session.



Junior Tennis Skills & Drills

For: Ages 8 - 14

Days: Monday - Friday 1 - 4:00pm

Dates: Session 1 June 27- July 1

Session 2 July 5 - 8 (no class 7/4)

Session 3 July 11 - 15

Session 4 July 18 - 22

Session 5 July 25 - 29

Session 6 August 1 - 5

Session 7 August 8 - 12

Session 8* August 15 - 19

Session 9* August 22 - 26

Location: JFK Middle School

Rain site: Bridge St. Elementary School

Fee: Sessions 1, 3 - 9 \$100, non-residents add \$10

Session 2 \$80, non-residents add \$10

*The gyms are not available for class in the event of rain for Sessions 8 & 9. If possible, participants of Session 8 who miss classes due to rain, may make up missed classes during Session 9. Pro-rated refund will be given in other cases.

There is a \$10 late fee if registering after 4:30pm on Friday of previous week.

Decision regarding rain site will be made by 11am.

Hot Shot Tennis

For: Ages 10 - 14

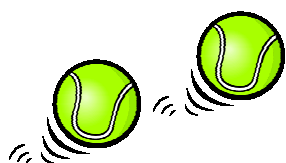
Session 1 May 7 - June 11
Sat., 11:00am - 12:30pm

Session 2 Sept. 10 - Oct. 1
Sat., 11:00am - 12:30pm

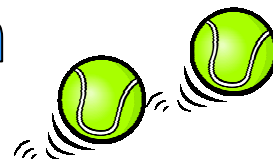
Make ups for Saturday classes due to weather and holidays will be held on the Saturday at the end of the session.

Location: JFK Middle School

Fee: Session 1 \$110, non-residents add \$10
Session 2 \$75, non-residents add \$10



Northampton Parks & Recreation Youth Leagues



COMPETITION TRAINING

For: High School and Middle School players interested in competitive match play, fitness and technical skills training, and more advanced strategies for tournament, high school and/or Junior Team Tennis play.

Dates: June 28 – Aug. 16

Tuesdays*

4:00 - 5:30pm

Location: JFK Middle School

Fee: \$120, non-residents add \$10

Drop-in fee: \$15 per class, \$17 per class non-residents

**Rainouts will be made up on Thursdays at the same time.*



Other Available Services:

Private Lessons:

Mike Kolendo USPTA Elite Tennis Professional \$50 per hour

Racquet stringing, re-gripping, racquet & shoe sales. See Mike for details.



Northampton Parks & Recreation

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www.northamptonma.gov/recreation